

Dear Resident and Family,

I invite you to The Village of Erin Meadows. Come to experience the joys of living in a community that feels like your home town, with many opportunities and choices.

As we get older, it's important that our hearts remain young and our minds remain engaged with the world. At Erin Meadows, we emphasize these pathways to optimal health and life purpose. There are numerous ways to participate in recreational and social events, to serve others by volunteering and to share your wisdom and experience with the broader community through many events held at the Village. You and your family can engage fully in community life without ever needing to leave the campus or arrange transportation on your own.

We encourage and support independence, but if your care needs change, we can provide the services you require. Our Villages lead the way in care innovation. The Schlegel-UW Research Institute for Aging is a partnership with the University of Waterloo to conduct the latest research and ensure that it's applied for the best and most advanced resident care possible. This institute also has a partnership with Conestoga College for specialized training to ensure top quality and well-trained professional teams.

A unique Village concept with its Town Square and Main Street design. A full range of social experiences. Ongoing integration with the general community. Continuous innovation in all programs. A carefully trained and caring team. These are the things that transform a building into a true Village, where life continues to be lived to its fullest - a life filled with independence, joy and meaning.

It takes a Village to Care! I hope you'll join us at The Village of Erin Meadows.

Sincerely,

A handwritten signature in black ink, appearing to read "Ronald P. Schlegel". The signature is fluid and cursive, with a large loop at the end.

Ronald P. Schlegel,
Founder and Chairman, Schlegel Villages



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@SchlegelVillage



Find us on Facebook:
Schlegel Villages



Look for us on Instagram:
@SchlegelVillage



A caring community with a focus on life purpose for each resident.

OUR MANDATE

It Takes a Village to Care.

When you enter a Schlegel Village, you'll immediately notice the unique architectural design of the Main Street and Town Square. In addition to this special design, you'll instinctively feel a warm sense of community: a place where residents, team members, families and volunteers genuinely care for and about one another.

This feeling of community is fostered through design features that promote both planned and informal social interactions between residents and tie the various "neighbourhoods" together, which is why each of our campuses is called a "Village". This sense of community sets us apart from other retirement settings that emphasize resort living; it's nice to visit a hotel but we believe it's much better to live in a Village.

This unique feeling is also achieved by our very active recreation team at each Schlegel location. Our team members and volunteers ensure that there's a wide array of programs for all interests, which range from one-on-one interactions to small group activities to community-wide events.





OUR CONCEPT

*A Full Continuum of Care
Within a Neighbourhood Design.*

At Schlegel Villages, the key to our success is providing a unique continuum of care by offering a full range of living and support options all on one campus.

With our Main Street and Town Square, each Village has an internal “neighbourhood” design that promotes a caring and cohesive community, with an emphasis on treating you as an individual while supporting your health needs and promoting your independence and ongoing social engagement.

If your need for assistance changes, you can choose to move to another neighbourhood within the Village or take advantage of additional living choices in your apartment or suite. With minimal stress or disruption, transition from fully independent or retirement living to our assisted care or memory care neighbourhoods can be easily accomplished. This also allows spouses with differing care needs to remain together while receiving the support each individually requires.





To learn more about the history and stories that inspired our founder, visit schlegelvillages.com.

OUR NEIGHBOURHOODS

What's in a Name?

AILSAL CRAIG | BECKER | WILLIAMSBURG | EGERTON | EMMA'S

Schlegel Villages is different from other senior living organizations. It's a company that champions quality, challenges the status quo, constantly seeks to build community and is grounded in family values.

We have honoured local communities where we build our Villages by naming our neighbourhoods after those communities or persons with historical significance.

These stories have helped shape the company we are today and will continue to do so into the future.

To learn more about the history and stories that inspired our founder, Ron Schlegel, to design our Villages to foster community and what influenced him to lead a life of service to seniors visit schlegelvillages.com.



LIFESTYLE OPTIONS AT THE VILLAGE

*Not sure which
lifestyle option is
best suited for you
or your loved one?
We can help!*

Independent Living Apartments

AILSA CRAIG NEIGHBOURHOOD

Designed for those seeking to enjoy an active, fulfilling life without worrying about household chores. Our Ailsa Craig neighbourhood allows you to live in a one or two bedroom apartment with linen laundry and housekeeping services provided, access to on-site health care and nursing services and complete enjoyment of all amenities and events on Main Street.

Retirement Apartments

BECKER NEIGHBOURHOOD

Designed for those seeking to enjoy an active, fulfilling life without worrying about household chores. This lifestyle option allows you to live in a spacious studio, one- or two-bedroom apartment with linen laundry and housekeeping services, two meals per day, access to on-site health care and nursing services and enjoyment of all amenities and events on Main Street. Light assistance with dressing, bathing and medication administration can be provided.

Full Service Retirement Suites

WILLIAMSBURG NEIGHBOURHOOD

Available for those seeking the support they need in order to maintain their independence. Choose from a spacious studio or a full size apartment with linen laundry and housekeeping services provided, three meals per day, 24-hour access to health care and nursing services and enjoyment of all amenities and events on Main Street. Light assistance with dressing, bathing and medication administration can be provided.



If your needs for assistance changes you can simply move to another neighbourhood within the retirement village.

Assisted Care Suites
EGERTON
NEIGHBOURHOOD

Our Egerton neighbourhood provides suites in a nurturing environment for those residents with greater physical care needs. Comprehensive care with activities of daily living is provided around the clock by our well-trained compassionate care team.

Memory Care Suites
EMMA'S
NEIGHBOURHOOD

Our Emma's neighbourhood is designed for residents with memory loss. This program offers care and recreational programs specifically designed for those with Alzheimer's disease and other forms of dementia. This neighbourhood is a secure environment, and our compassionate care team are well-trained through our LIVING in My Today philosophy.

LONG TERM CARE
NEIGHBOURHOODS

Our existing Long Term Care home provides high quality care in specialized neighbourhoods depending on your care needs and medical diagnoses. Admission to long term care is managed by the Local Health Integration Network (LHIN).

Our Commitment to Those With Memory Loss

Our dedicated and well-trained team members at Erin Meadows have unique expertise in caring for residents with various degrees of memory loss. Schlegel Villages has developed the LIVING in My Today organizational care philosophy and training program, which focuses on supporting the well-being of residents living with dementia in our neighbourhoods. It was developed in partnership with residents, family members, team members, volunteers and community partners such as the Murray Alzheimer Research and Education Program (MAREP). Team members are carefully selected for those personal characteristics most conducive to providing compassionate quality care.



OUR ACCOMMODATIONS

*Find Comfort and Security in a Choice
of Sunny Private Suites and Apartments.*

Schlegel Villages are modern and attractive, set on beautifully landscaped grounds, without the institutional feeling of nursing and retirement homes of the past.

Halls are wide and well lit and feature oak railings for safety. Common areas and lounges are warm and welcoming, with lots of windows.

Residents, both singles and couples, can choose from cozy studios that emphasize care and generous one or two bedroom apartments that emphasize independence.

Apartment and retirement suites offer private bathrooms, full kitchens or kitchenettes and individual controls for heating and cooling to provide year-round comfort. All incorporate senior-friendly features' like oversized showers, and are well-equipped with sprinklers, fire safety and emergency response systems and team members fully trained in emergency procedures.





OUR TOWN SQUARE AND MAIN STREET

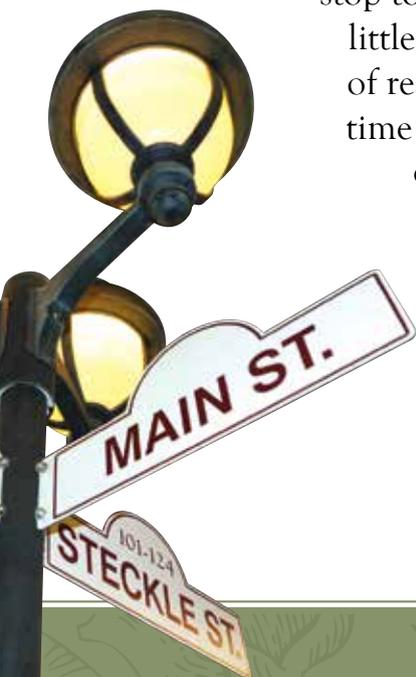
The Gathering Place and Social Hub of the Village.

Our retirement communities are designed as a village. Like a traditional village, our campuses have a variety of common areas and amenities in our Town Square and along our Main Street. However, because Schlegel Villages are indoors, they remain comfortable in any weather – winter or summer, rain or shine.

With an abundance of natural light, high ceilings and spaciousness, the Town Square is the social centre of each Village and provides an inviting gathering place for residents and their guests. It's also where our community-wide events are held.

Stroll past the Riverstone Spa and Salon, the chapel and the general store then stop to meet some friends at the café for a coffee. Visit the fitness centre for a little exercise or the Town Hall to watch a classic movie. Enjoy a quiet hour of reading in the library, a friendly game of billiards in the social club, some time spent potting plants in the greenhouse; afterward, drop by the wellness office for your checkup before meeting friends in the dining room.

Planning a special event? You can host it at the Town Hall, an ideal spot to entertain family and friends amid comfortable surroundings. Continue to entertain by booking a room where refreshments or complete dinners can be catered.





OUR SERVICES

Everything We Do is to Enrich Your Enjoyment of Life.

Our team is 100% committed to your comfort and care, working closely with your family and loved ones; coming from the healthcare and hospitality industries, they bring a blend of talents to our Village.

Health Care

Our personal care, registered nursing and health care professionals are second to none, always on hand to offer personalized care. Our Village has on-site health care to tend to your medical needs. It also has on-site foot care services. Other services that can be coordinated to come into our Village include pharmacy, audiology, dentistry, optometry, occupational therapy, physiotherapy, and speech therapy. Our care team includes personal care aides and registered nurses to provide quality care, security and comfort.

Dining

Comfortably elegant, our dining rooms provide nutritious and delicious meals prepared by qualified chefs and served by our courteous dining team. Beautiful buffets and themed menus are prepared for special occasions and holidays.





Social and Recreational

Schlegel Villages' full-time recreation team encourages you to join in a daily program of activities, providing opportunities to interact and enjoy one another's company whether daytime or evening.

A chaplain is also available to look after your spiritual needs, in both individual and group settings, including weekly church services.

Housekeeping, Laundry and Maintenance

The housekeeping and maintenance teams keep common areas and resident suites and apartments clean and tidy. Our laundry team looks after linen service as well as personal laundry as requested by you.

Keeping Our Residents Healthy and Active

In 1996, Schlegel Villages developed a unique partnership with the Faculty of Applied Health Sciences at the University of Waterloo - now known as the Program for Active Living (PAL). The mission of PAL is to maintain your independence and to ensure that you remain healthy and active through a four-step process:

Step 1

Our full-time on-site kinesiologist or exercise therapist conducts a series of simple assessments developed by the University of Waterloo to identify strengths and weaknesses in such areas as balance, range of motion, mobility, muscle strength and fine motor skills.

Step 2

The kinesiologist or exercise therapist then develops an individualized program based on the results of the assessments and can work one-on-one with you.

Step 3

Periodic reassessments are conducted to track progress and ensure success.

Step 4

Various exercise classes are also offered by PAL.



*The right skills,
the right knowledge,
the right attitude.*

OUR PEOPLE

Caring Team Members Providing Quality Care.

Our team members are passionate about providing the best care and service. They have the right skills and the right knowledge.

Equally important, they have the right attitude; they view their position as not only a job but also a calling.

In all of our departments, from food services to nursing care, we recruit only the best: registered nurses and health care professionals, chefs, kitchen and dining personnel, recreation, personal care attendants, administration, housekeeping, laundry and maintenance team members.

We also provide ongoing training and education programs to make sure their skills and knowledge are cutting edge.

At Schlegel Villages, we realize that the highest quality of service doesn't just happen – it's the result of a good deal of focused effort. To that end, every person participates in our Connect the Dots program – a multi-step customer experience training program, uniquely and specifically designed for Schlegel Village's health care continuum.



OUR RESEARCH

Enhancing Care and Quality of Life.

The Schlegel family, together with the University of Waterloo and Conestoga College, have established the Schlegel-UW Research Institute for Aging (RIA), whose purpose it is to enhance care and quality of life for older adults through partnerships in research, education and practice.



Enhancing Life

The RIA brings together top researchers from across Canada to study the aging process with the participation of our team members and residents at The Village of Erin Meadows and other Schlegel locations. The knowledge gained during the research process is translated into enhanced care-giving strategies, resulting in improved quality of life for residents.

Research findings also guide the development of curricula for team member training at Conestoga College and other community colleges to ensure that older adults across the province will benefit from this new knowledge.

Residents and team members at all Schlegel Villages are invited to participate in RIA research, if they so desire, to offer their input and to gain information on a variety of important research topics including nutrition, spiritual care, brain and heart health, medication usage and fall prevention and more. All research is carefully screened by a university ethics review committee. Participation is always voluntary.

For more information about the RIA

519-904-0660 | info@the-ria.ca | the-ria.ca



The Village of
ERIN MEADOWS



Vibrant Village Living

Friendships and a sense of belonging occur easily and naturally at the beautiful Village of Erin Meadows, where time-honoured values come together in a modern facility offering state-of-the-art living space and common amenities, top quality recreation and leisure opportunities and caring, highly qualified team members.



OUR COMMITMENT TO CARING FOR THE ENVIRONMENT

The Village of Erin Meadows Achieves 4 Green Globes



Building design, construction and operation have extensive impacts on the environment. Buildings use resources such as energy, water and raw materials. They also generate waste and produce potentially harmful atmospheric emissions. Building designers and owners face a unique challenge: meet the demand for new and renovated facilities designed and operated to achieve a return on investment all while minimizing their impact on the environment.

To that end, two nationally accepted environmental rating and assessment systems are in the marketplace: Green Globes and LEED.

Green Globes is a building assessment tool that evaluates and rates the environmental performance of new and existing buildings and interior fit-ups. Green Globes assists

in the design of buildings that are energy and resource efficient, achieve operational savings and are healthier and more comfortable to work and live in.



The Village of Erin Meadows' retirement phase has achieved a superior rating of four Green Globes out of a possible five. A standard of excellence has been achieved in the areas of:

- project management
- site
- energy
- water
- resources (systems options analysis and building material section)
- emissions effluents and other impacts
- indoor environment





SUMMARY OF AMENITIES

Our Main Street and Town Square Features

At Erin Meadows, you'll find a rich choice of activities as well as amenities. Stroll along Main Street and visit the Town Square—there's always something to do, somewhere to go or someone to meet.





- | | | | | | |
|---|--------------------------|----|--|----|-----------------|
| 1 | Town Hall | 8 | Café | 14 | Elevators |
| 2 | Riverstone Spa and Salon | 9 | Social Club and Pub | 15 | Wellness Office |
| 3 | Chapel | 10 | Administrative Offices | 16 | Health Care Hub |
| 4 | Library | 11 | Laundromat | 17 | General Store |
| 5 | Bistro Dining | 12 | Arts Studio and
Demonstrative Kitchen | 18 | Schoolhouse |
| 6 | Main Dining Room | 13 | Council Chambers | 19 | Welcome Centre |
| 7 | Front Entrance | | | 20 | Side Entrance |

A SUMMARY OF SERVICES

AILSA CRAIG NEIGHBOURHOOD INDEPENDENT APARTMENTS 6-12TH FLOORS

BECKER NEIGHBOURHOOD RETIREMENT APARTMENTS 3-5TH FLOORS

WILLIAMSBURG NEIGHBOURHOOD RETIREMENT SUITES MAIN FLOOR



SAFETY AND SECURITY

- 24-hour emergency response on-site by trained team members
- secured access at night

- 24-hour emergency response on-site by trained team members
- secured access at night

- 24-hour emergency response on-site by trained team members
- secured access at night



RECREATION AND LEISURE

- full access to all recreational and entertainment events on Main Street and Town Square seven days/week
- participation in all events, activities, clubs and groups
- use of bus for scheduled outings
- companion service available (fee for service)
- chaplaincy services

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- use of bus for scheduled outings
- companion service available (fee for service)
- chaplaincy services



HEALTH CARE AND PERSONAL SUPPORT

- health assessment on move-in
- bi-annual medication review if part of the Village medication program
- bi-annual needs assessment
- bi-annual health care planning conference
- à la carte access to Program for Active Living (PAL) kinesiologist
- access to Program for Active Living (PAL) group exercise programs

- health assessment on move-in
- bi-annual medication review if part of the Village medication program
- bi-annual needs assessment
- bi-annual health care planning conference
- à la carte access to Program for Active Living (PAL) kinesiologist
- access to Program for Active Living (PAL) group exercise programs

- health assessment on move-in
- bi-annual needs assessment
- bi-annual health care planning conference
- medication administration and reviews
- weekly assisted whirlpool bath
- access to Program for Active Living (PAL) kinesiologist with annual assessment and one-on-one and group programs



DINING SERVICES

- in-suite full kitchen (fridge, stove, microwave and dishwasher)
- catering for family events*
- snacks available at Village café
- meal plans available*

- in-suite kitchenette with full size fridge and microwave
- two meals per day (lunch and dinner)
- catering for family events*
- snacks available at Village café
- select special diets available

- in-suite kitchenette with refrigerator and microwave
- three meals per day
- catering for family events*
- snacks available at Village café
- select special diets available



HOUSEKEEPING AND LAUNDRY SERVICES

- weekly linen
- weekly housekeeping services
- in-suite washer and dryer
- repair and maintenance service

- weekly linen
- weekly housekeeping services
- in-suite washer and dryer
- repair and maintenance service

- weekly linen
- weekly housekeeping services
- daily room checks
- personal laundry available
- repair and maintenance service

FOR EACH LIFESTYLE OPTION

EGERTON NEIGHBOURHOOD ASSISTED CARE SUITES 2ND FLOOR

EMMA'S NEIGHBOURHOOD MEMORY CARE SUITES 2ND FLOOR-SECURE AREA

LONG TERM CARE APPLY THROUGH LHIN

<ul style="list-style-type: none"> • 24-hour emergency response on-site by trained team members • secured access at night 	<ul style="list-style-type: none"> • 24-hour emergency response on-site by trained team members • secured access at night 	<ul style="list-style-type: none"> • 24-hour registered nursing team • secured access at night • access to LTC is through the LHIN
<ul style="list-style-type: none"> • wide range of recreational and entertainment programs and events available on Main Street and at Town Square • additional recreational programs appropriate for those with greater physical care needs • dedicated recreation team • one-on-one programs offered 	<ul style="list-style-type: none"> • wide range of recreational and entertainment programs and events available on Main Street and at Town Square • additional recreational programs appropriate for individuals with dementia • dedicated recreation team • one-on-one programs offered 	<ul style="list-style-type: none"> • wide range of recreational and entertainment programs and events available on Main Street and at Town Square • additional recreational programs appropriate for LTC • dedicated recreation team • one-on-one programs offered
<ul style="list-style-type: none"> • health assessment on move-in • bi-annual needs assessment • bi-annual health care planning conference • medication administration and reviews • weekly assisted whirlpool bath • support with activities of daily living by Personal Care Aides • access to Program for Active Living (PAL) kinesiologist with annual assessment and one-to-one and group programs 	<ul style="list-style-type: none"> • health assessment on move-in care designed for those individuals with memory loss, Alzheimer's disease or other forms of dementia • bi-annual needs assessment • bi-annual health care planning conference • medication administration and reviews • weekly assisted whirlpool bath • support with activities of daily living by Personal Care Aides • access to Program for Active Living (PAL) kinesiologist with annual assessment and one-to-one and group programs 	<ul style="list-style-type: none"> • access to Village physician • comprehensive nursing and medical assessment on move-in • comprehensive nursing and medical assessment quarterly • medication administration and reviews • bath with assistance twice per week • support with activities of daily living by Personal Care Aides • average 2.7 hours of nursing and personal care per resident per day • access to Program for Active Living (PAL) kinesiologist with annual assessment and one-to-one and group programs • access to Program for Active Living (PAL) physiotherapist
<ul style="list-style-type: none"> • in-suite kitchenette with refrigerator and microwave • three meals per day • catering for family events* • snacks available at Village café • select special diets available 	<ul style="list-style-type: none"> • country kitchen • three meals per day • catering for family events* • snacks available • select special diets available 	<ul style="list-style-type: none"> • country kitchen • three meals per day • snacks available • full range of special diets available
<ul style="list-style-type: none"> • housekeeping twice per week • daily room checks • weekly linen • personal laundry available • repair and maintenance service 	<ul style="list-style-type: none"> • housekeeping twice per week • daily room checks • weekly linen • personal laundry available • repair and maintenance service 	<ul style="list-style-type: none"> • housekeeping daily • weekly linen • personal laundry included • repair and maintenance service

*Additional charge



ENJOYING LIFE AT ERIN MEADOWS

Recreation and Leisure Programs

At Erin Meadows you can choose from a vast array of regular daily and weekly activities, offering a host of opportunities to interact and enjoy yourself in any number of ways. With so many programs, there's always something for everyone.

- Recreation and leisure programs are offered seven days per week.
- The full-time director of recreation leads a department of full-time and part-time recreation team members.
- Recreation and leisure events are designed for specific areas of the Village.
- Special programs have been created for residents living with dementia and other individuals with specific needs.



Physical Fitness

- Program for Active Living including: individual assessments, individual training and group exercise programs

Spiritual Care

- Chaplain
- Multidenominational approach involving local clergy/pastors
- One-on-one, small group and large services offered
- Bereavement counselling and services

Resident Education Programs

- Continue to learn, explore and expand your horizons
- Take courses related to history, art, science, travel, special interests, hobbies and more
- Courses offered on-site at the Village in conjunction with local educational institutions

Horticulture Therapy

- Horticulture therapist
- Outdoor gardening in raised planters
- Indoor gardening program in the greenhouse

Resident Bus

- Available for an array of group outings including shopping, lunches, theatre and special trips.

Art Classes and Other Hobbies

- Continue to develop an existing skill
- Learn a new skill and develop a new interest
- Many programs offered including art classes, ceramics, flower arranging and scrapbooking.

Entertainment and Special Events

- Entertainment available on Main Street and at Town Square several times per week
- Special events such as candlelight dinners, theme days, pub night, gala events and live entertainment held frequently
- Enjoy a night out on Main Street with live entertainment, a dance floor, a bar and lots of laughs
- Family and guests always welcome





SOMETHING FROM THE MENU?

Enjoy a Selection of Delicious, Healthy Meals. You'll Want to Try Them All!



Breakfast

Served with a selection of juices

Lunch

Served with a selection of juices

Dinner

Served with red or white wine

Monday

Oatmeal or assorted cold cereal
Scrambled eggs with
bacon or sausage and toast

Soup du jour: carrot ginger
Vegetable and swiss cheese quiche
with a mixed green salad
with balsamic vinegar
or
Grilled chicken and mango salad

Apple cider pork chops
or
Oriental beef
Served with: Rice pilaf, sautéed
bok choy and corn on the cob

Tuesday

Oatmeal or assorted cold cereal
Scrambled eggs with
bacon or sausage and toast

Soup du jour: split pea
Cottage cheese and fruit plate
with a morning glory muffin
or
BLT on whole wheat
with a mixed green salad

Italian Swiss steak
or
Krunchi perch
Served with: Parisian potatoes,
julienne carrots, braised Napa cabbage

Wednesday

Oatmeal or assorted cold cereal
Scrambled eggs with
bacon or sausage and toast

Soup du jour: tomato
BBQ beef on a bun
or
Bagel and lox
Served with: Carrot and pineapple slaw

Orange thyme chicken
or
Farmers sausage
Served with: Baked potato,
seasoned green peas, sliced beets

Thursday

Oatmeal or assorted cold cereal
Scrambled eggs with
bacon or sausage and toast

Soup du jour: Florentine
Chicken salad on multi-grain
or
Vegetarian pizza
Served with: Caesar salad

Braised lamb shank
or
Tilapia and dill sauce
Served with: Rosemary potatoes,
whipped squash, steamed asparagus

Friday

Oatmeal or assorted cold cereal
Scrambled eggs with
bacon or sausage and toast

Soup du jour: cream of broccoli
Ploughman's lunch
or
Western omelette on whole wheat
Served with: Green goddess salad

Fish 'n' chips with creamy coleslaw
or
Beef shepherd's pie, sugar snap peas,
grilled onions and peppers

Saturday

Oatmeal or assorted cold cereal
Scrambled eggs with
bacon or sausage and toast

Soup du jour: scotch broth
Turkey and lettuce on whole wheat
or
Macaroni and cheese
Served with: Romaine and mandarin
salad with almonds

Steak and mushrooms
or
Baked glazed ham
Served with: Scalloped potatoes, french
cut green beans, parsley carrots

Sunday

Oatmeal or assorted cold cereal
Scrambled eggs with
bacon or sausage and toast

Soup du jour: chicken and rice
French toast with berry sauce and bacon
or
Crab cake with tartar sauce
Served with: Citrus salad

Roast turkey with gravy and stuffing
or
Braised liver and onions
Served with: Mashed potatoes,
broccoli florets, cauliflower

Lunch and dinner include a featured dessert and an à la carte dessert menu.
À la carte alternatives are offered in addition to the daily feature.

The Ruby

SCHLEGEL VILLAGES' HIDDEN GEM

The Ruby - Schlegel Villages' Hidden Gem provides residents, team members, family, friends and neighbours from the surrounding community with a delicious menu in a comfortably elegant atmosphere with a breathtaking view!

The Ruby enables our residents who may have difficulty leaving the Village to have a special night out, with family and friends, while remaining comfortable in their home.

The Ruby name has significance for the Schlegel family but it has also poignantly coined what so many people have come to call the restaurant: a Hidden Gem. A beautiful restaurant atop a retirement Village is unexpected and truly a hidden gem to those who discover this great place.

Our hope is that The Ruby will be a gathering place for all to break bread with one another and enjoy the warmth of good company and great food.





BREAK BREAD WITH US!

Dinner Mains

ATLANTIC SALMON

Oven-baked salmon served with rice and seasonal vegetables, topped with salsa vierge

FISH 'N' CHIPS

Battered Haddock served golden brown with house cut fries, coleslaw and tartar sauce

CHICKEN BOW TIE PASTA

Grilled chicken, red and yellow bell peppers, button mushrooms and spinach served in a creamy tomato pesto sauce

SHRIMP AND CRAB PENNE

Shredded crab, sautéed shrimp, bacon, onion, sun-dried tomatoes in a creamy three-cheese sauce

BRAISED BEEF RAVIOLI

In truffle mushroom cream sauce

8 OZ NEW YORK STRIPLOIN

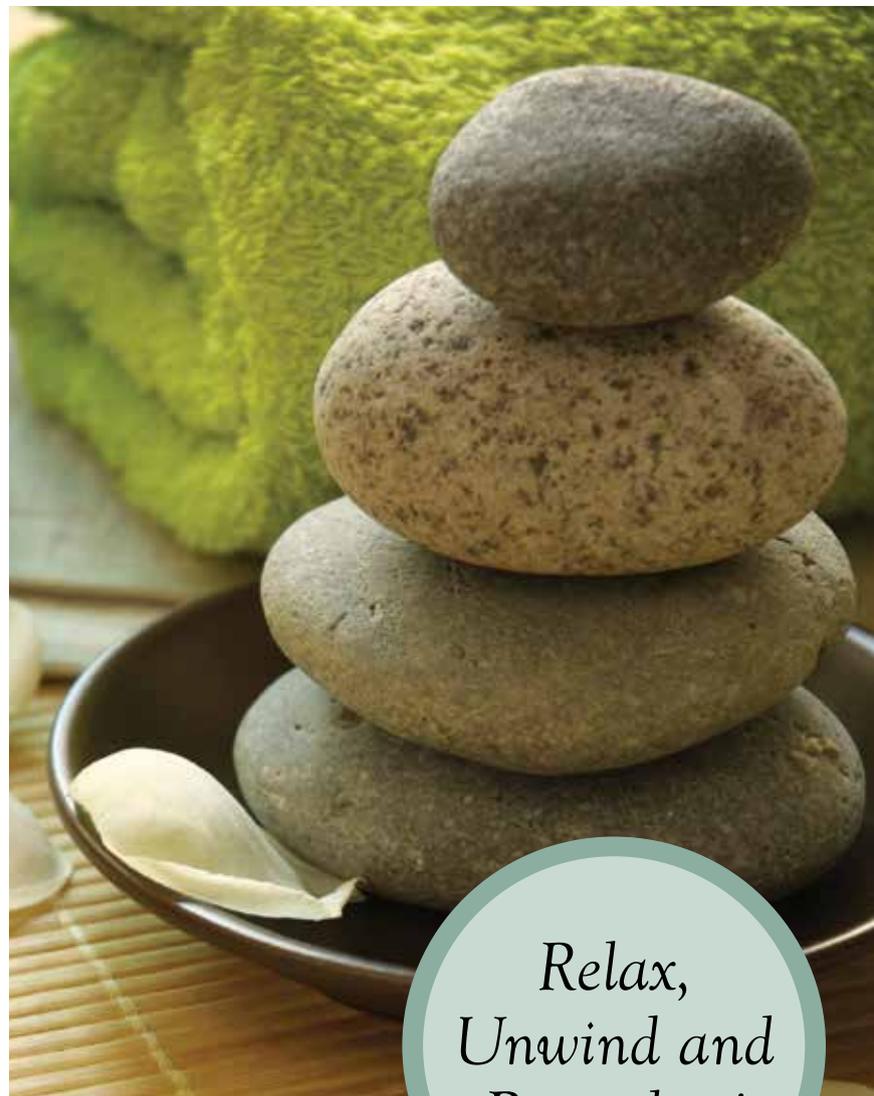
Served with your choice of potatoes, seasonal vegetables and topped with a Gorgonzola cream sauce



Did you know that The Ruby is named in honour of Ron Schlegel's mother, Emma? Before she married Wilfred Schlegel, Emma's maiden name was Ruby.

She was a woman who embodied strength and compassion for her family and community, and Ron recalls many evenings when his mother and father welcomed visitors from near and far to break bread together and enjoy lively conversation and good food around the table in their rambling farmhouse in Ailsa Craig, Ontario.





*Relax,
Unwind and
Revitalize!*

RIVERSTONE SPA AND SALON

Our Riverstone Spa and Salon team is committed to providing a serene environment with service excellence that promotes personal wellness. All of your health and relaxation needs can be addressed through a variety of services. Enjoy hairstyling, body treatments, as well as personalized care for your hands, feet and face. Individual, couples and complete spa packages are also available.

It's your destination in the Village to relax, unwind and revitalize!



SHOPPING FOR RETIREMENT LIVING

Questions to Ask



Are registered nursing staff on-site 24 hours a day?

Is there an additional charge for administering medication?

How many nurses and PCA's (excluding housekeeping and food services) are scheduled during the day, in the evening and overnight?

Is a Continuum of Care available – what happens when you need more care?

What care costs are extra (e.g medication administration, treatments, personal care)?

Are kinesiology services available?

How many recreation staff are scheduled each day?





OUR VILLAGES

*Across Southern Ontario,
Schlegel Villages' reputation for care is growing.*

Today's seniors are more informed and more active than ever before. They expect the best and their families want the best for them.

Their needs are now being met at Schlegel Villages across southern Ontario, with new Villages under development.

Visit the Schlegel Village nearest you. Ask for a tour.
Talk to the team members. Say hi to the residents.
Enjoy a meal or a coffee in our Town Square. You'll sense our friendly Village atmosphere that has made Schlegel Villages the first choice for retirement communities.

